



Al-Ashraf Nursery
Al-Ashraf Cultural Centre
Stratton Road
Gloucester
01452 503533
www.al-ashraf.org.uk

HEALTH AND SAFETY POLICY

Health

Outdoor play

Children have plenty of opportunity to play in the fresh air through outdoor play and trips outside the nursery.

Food

Nutritious and well-balanced meals are provided for all the children. We also try to meet individual dietary needs and requirements. Children are not permitted to bring their own food into the Nursery.

Hygiene

Hand hygiene

Regular and effective hand washing among both staff and children is one of the most effective ways of controlling the spread of germs.

Tissues are readily available to adults and children at the nursery. We encourage children to blow and wipe their noses and discard tissues in the bins provided.

All children are encouraged to wash their hands before and after meals/snacks.

Tabletops must be cleaned before handling food. All children must wash their hands before they participate in cooking or preparing food activities.

All children are encouraged to cover their mouth when sneezing or coughing and then to wash their hands. Hands should always be washed after using the toilet.

Cleaning and clearing

Disposable gloves are provided and must be worn by staff when clearing up vomit, blood or any body fluid. All affected areas must be cleaned with paper towels and disinfected immediately. Contaminated clothing must be removed from the child, placed in plastic bags provided and given to parents to take home.

Soiled clothes are rinsed in hot water and placed in bags provided. Spare clothes are kept in case of accidents.



Al-Ashraf Nursery
Al-Ashraf Cultural Centre
Stratton Road
Gloucester
01452 503533
www.al-ashraf.org.uk

Safety

Al-Ashraf Nursery aims to ensure children are in a safe, happy and secure environment. In order to achieve a safe environment the following factors are taken into account.

1. Children are supervised at all times, with the correct ratio of staff (see staffing) if any accidents occur they are recorded in the accident book
2. First aid kits are kept around the nursery, which are checked regularly and items replaced when required.
3. Incident books are kept to record any bruises, cuts, swelling etc that a child may have on arrival at the nursery. This is signed and dated by the parents
4. All dangerous liquids, materials are kept out of reach of children
5. All equipment and toys are regularly checked for safety
6. All toys and equipment are cleaned on a regular basis

Hygiene in the kitchen

Before adults prepare or handle food they must wash their hands thoroughly and protective clothing must be worn i.e. apron.

All food should be piping hot and above 63 degrees.

Staff must use the appropriate chopping boards when handling fruit and vegetables.

All food should be kept covered and refrigerated where appropriate.

All waste food should be disposed of in the appropriate bins and hands washed after use.

Any adult with contagious infection or illness will not be allowed to prepare or handle food. Dishcloths and tea towels should be washed daily.



Al-Ashraf Nursery
Al-Ashraf Cultural Centre
Stratton Road
Gloucester
01452 503533
www.al-ashraf.org.uk

Illness

Head lice – You may be contacted to collect your child if they have head lice so treatment can be given as soon as possible.

Chickenpox – children need to stay off nursery until all spots have scabbed over.

Measles – children need to stay off nursery until 5 days from onset of rash.

Impetigo – children need to stay off nursery until lesions are crusted or healed.

German measles – children need to stay off nursery until 5 days from onset of rash.

Scabies – children need to stay off nursery until treated.

Sickness or diarrhoea – children need to stay off nursery for 24 hours after the symptoms have gone.

In the interest of hygiene, any child with a serious infection needs to be kept at home. The nursery needs to be informed to monitor any other individuals who may become unwell on the premises.

In the event that your child needs medication whilst at nursery this must be handed to a member of staff for safe storage. Before administration of medication can be given, parent must complete a form giving full instructions and signed consent for medication. Following administration of medication, this will be recorded and signed by the adult collecting.

Full training will be necessary when administering medication such as epi-pen which must be provided by a medical professional.

October 2013
Draft Version 0.4